

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD

M.PHARMACY (PHARMACEUTICAL ANALYSIS)

COURSE STRUCTURE AND SYLLABUS
Effective from Academic Year 2019-20 Admitted Batch
I YEAR I Semester

Course Code	Course Title	L	T	P	Credits
Professional Core-I	Modern Pharmaceutical Analytical Techniques	3	0	0	3
Professional Core-II	Pharmaceutical and Food Analysis	3	0	0	3
Professional Elective-I	1. Advanced Pharmaceutical Analysis 2. Drug Regulatory Affairs 3. Phytochemistry	3	0	0	3
Professional Elective-II	1. Quality control and Quality Assurance 2. Cosmetics and Cosmeceuticals 3. Stability of Drugs and Dosage forms	3	0	0	3
MC	Research Methodology & Intellectual Property Rights	2	0	0	2
Laboratory-I	Modern Pharmaceutical Analytical Techniques lab	0	0	4	2
Laboratory-II	Pharmaceutical and food Analysis Lab	0	0	4	2
Audit	Audit course- I	2	0	0	0
TOTAL		16	0	8	18

I YEAR II Semester

Course Code	Course Title	L	T	P	Credits
Professional Core-III	Advanced Instrumental Analysis I	3	0	0	3
Professional Core-IV	Modern Bio-analytical Techniques	3	0	0	3
Professional Elective-III	1. Pharmaceutical Validation 2. Herbal Cosmetics 3. Pharmacoepidemiology and Pharmacoconomics	3	0	0	3
Professional Elective-IV	1. Advanced Instrumental Analysis - II 2. Nutraceuticals 3. Clinical Research and Pharmacovigilance	3	0	0	3
Laboratory-III	Advanced Instrumental Analysis I Lab	0	0	4	2
Laboratory-IV	Modern Bio analytical Techniques Lab	0	0	4	2
--	Mini Project with Seminar	2	0	0	2
Audit	Audit Course- II	2	0	0	0
TOTAL		16	0	8	18

Audit Courses 1 & 2

1. English for Research Paper Writing
2. Disaster Management
3. Sanskrit for Technological Learning
4. Value Education
5. Constitution of India
6. Pedagogy Studies
7. Stress Management by Yoga
8. Personality Development through Life Enlightenment Skills

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

MODERN PHARMACEUTICAL ANALYTICAL TECHNIQUES (Professional Core - I)

Course Objective: The course is designed to impart the knowledge in the field of Pharmaceutical Analysis. The various modern analytical techniques like UV-Visible, IR, NMR, Mass, GC, HPLC, different chromatographic methods and other important topics are taught to enable the students to understand and apply the principles involved in the determination of different bulk drugs and their formulation. In addition to the theoretical aspects, the basic practical knowledge relevant to the analysis is also imparted.

Course Outcome: The appreciable knowledge will be gained by the students in the Modern Analytical Techniques and can apply the theories in the Analysis of various bulk drugs and their formulations. The students will also be in a position to apply their knowledge in developing the new methods for the determination and validate the procedures.

UNIT I

Introduction to chromatography and classification of chromatographic methods based on the mechanism of separation

- a. Column Chromatography: Adsorption and partition, theory, preparation, procedure and methods of detection
- b. Thin Layer Chromatography: Theory, preparation, procedures, detection of compounds
- c. Paper Chromatography: Theory, different techniques employed, filter papers used, qualitative and quantitative detection
- d. Counter – current extraction, solid phase extraction techniques, gel filtration

UNIT II

- a. Gas chromatography: Introduction, fundamentals, instrumentation, columns: preparation and operation, detection, derivatization.
- b. HPLC: Basic parameters, Principles and instrumentation, solvents and columns used, Operational modes, detection and applications of HPLC
- c. HPTLC: Theory and principle, instrumentation, elution techniques and pharmaceutical applications

UNIT III

- a. UV-Visible spectroscopy: Introduction, electromagnetic spectrum, absorbance laws and limitations, instrumentation-design and working principle, chromophore concept, auxochromes, Wood-Fisher rules for calculating absorption maximum, applications of UV-Visible spectroscopy
- b. IR spectroscopy: Basic principles -Molecular vibrations, vibrational frequency, factors influencing vibrational frequencies, sampling techniques, instrumentation, interpretation of spectra, FT-IR, theory and applications

UNIT IV

Mass spectroscopy: Theory, ionization techniques: electron impact ionization, chemical ionization, field ionization, fast atom bombardment, plasma desorption, fragmentation process: types of fission, resolution, GC/MS and applications for identification and structure determination.

UNIT V

NMR: Theory, instrumentation, chemical shift, shielding and deshielding effects, splitting of signals, spin-spin coupling, proton exchange reactions, coupling constant(J), nuclear overhauser effect (NOE), ¹³CNMR spectra and its applications, 2D-NMR, COSY and applications in pharmacy.

REFERENCES:

1. Instrumental Methods of Chemical Analysis by B.K Sharma
2. Organic spectroscopy by Y.R Sharma Principles of Instrumental Analysis - Douglas A Skoog, F. James Holler, Timothy A. Nieman, 5th edition, Eastern press, Bangalore, 1998.
3. Instrumental methods of analysis – Willards, 7th edition, CBS publishers.
4. A Text book of Pharmaceutical Analysis by Kerrenth A. Connors
5. Vogel's Text book of Quantitative Chemical Analysis by A.I. Vogel
6. Practical Pharmaceutical Chemistry by A.H. Beckett and J.B. Stenlake
7. Organic Chemistry by I. L. Finar
8. Organic spectroscopy by William Kemp
9. Quantitative Analysis of Drugs by D. C. Garrett
10. Quantitative Analysis of Drugs in Pharmaceutical Formulations by P. D. Sethi
11. Spectrophotometric identification of Organic Compounds by Silverstein
12. HPTLC by P.D. Seth
13. Indian Pharmacopoeia 2007
14. High Performance thin layer chromatography for the analysis of medicinal plants by Eike Reich, Anne Schibli
15. Introduction to instrumental analysis by Robert. D. Braun

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

PHARMACEUTICAL AND FOOD ANALYSIS (Professional Core – II)

Course Objective: This course is designed to impart knowledge on analysis of food constituents and finished food products. The course includes application of instrumental analysis in the determination of pesticides in variety of food products.

Course Outcome: At completion of this course student shall be able to understand various analytical techniques in the determination of

- Food constituents
- Food additives
- Finished food products
- Pesticides in food
- Pharmaceuticals (API & Dosage forms)
- And also student shall have the knowledge on food regulations and legislations

UNIT I

- a. **Carbohydrates:** Classification and properties of food carbohydrates, General methods of analysis of food carbohydrates,
- b. **Proteins:** Chemistry and classification of amino acids and proteins, Physico-Chemical properties of protein and their structure, general methods of analysis of proteins and amino acids

UNIT II

- a. **Lipids:** Classification, general methods of analysis, refining of fats and oils; hydrogenation of vegetable oils, Determination of adulteration in fats and oils.
- b. **Vitamins:** Classification of vitamins, methods of analysis of vitamins, Principles of microbial assay of vitamins of B-series

UNIT III

Definition, classification and principles and procedures involved in the quantitative determination of drugs from each category of both API and dosage forms (IP) of the following

- a. Alkaloids
- b. Antibiotics
- c. Diuretics

UNIT IV

Definition, classification and principles and procedures involved in the quantitative determination of drugs from each category of both API and dosage forms (IP) of the following

- a. Analgesics & Antipyretics
- b. Antihypertensives
- c. Antihistamines

UNIT V

- a. **General Analytical methods** for milk, milk constituents and milk products like ice cream, milk powder, butter, margarine, cheese including adulterants and contaminants of milk.
- b. **Analysis of fermentation products** like wine, spirits, beer and vinegar.

TEXT BOOKS

1. The chemical analysis of foods – David Pearson, Seventh edition, Churchill Livingstone, Edinburgh London, 1976

2. Introduction to the Chemical analysis of foods – S. Nielsen, Jones & Bartlett publishers, Boston London, 1994.
3. Official methods of analysis of AOAC International, sixth edition, Volume I & II, 1997.
4. Pharmaceutical Analysis – Higuchi. T
5. Analysis of Food constituents – Multon, Wiley VCH.
6. Dr. William Horwitz, Official methods of analysis of AOAC International
7. 18th edition, 2005. Theory and Practice of Industrial Pharmacy by Lieberman and Lachman

REFERENCE BOOKS

1. Remington's Pharmaceutical Sciences by Alfonso and Gennaro
2. David Pearson. The Chemical Analysis of Foods, 7th ed., Churchill Livingstone, Edinburgh, 1976.
3. Nielsen S. Introduction to the chemical analysis of foods. Jones & Bartlett Publishers, Boston, 1974
4. Indian Pharmacopoeia 2012

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

ADVANCED PHARMACEUTICAL ANALYSIS (Professional Elective - I)

Course Objective: The principles and procedures for the determination of various pharmaceutical bulk drugs and their formulations belonging to different categories are discussed in detail. The applications of the important reagents like MBTH, FC, PDAB etc. in the determination of the pharmaceuticals are also discussed.

Course Outcome: The quantitative determination of various organic compounds is clearly understood. The spectral analysis, dissolution parameters and microbial assays are also learned.

UNIT I

Principles and procedures involved in the determination of the official compounds in IP with the following analytical techniques

- | | |
|------------------------|--------------------------|
| A. Non-aqueous | C. Complexometric |
| B. Oxidation-reduction | D. Diazotization methods |
| E. Neutralization | F. Acid – Base |

UNIT II

A detailed study of the principles and procedures involved in the quantitative determination of the following organic functional groups

- | | |
|----------------|-------------------------|
| A. Amines | C. Carbonyl compounds |
| B. Esters | D. Hydroxy and carboxyl |
| E. Amino Acids | |

UNIT III

- a. **Reference Standards:** Types, preparation methods and uses.
- b. Principles and procedures involved in using the following reagents in the determination of pharmaceutical dosage forms official in IP
 - a. MBTH (3-methyl-2-benzothiazolone hydrazone)
 - b. F.C. Reagent (Folin-Ciocalteu)
 - c. PDAB (*para*-Dimethyl Amino Benzaldehyde)
 - d. 2, 3, 5 - *tri*Phenyltetrazolium salt
 - e. 2,6 *di* -ChloroquinoneChlorimide
 - f. *N* - (1-naphthyl) ethylenediaminedihydrochloride (B.M. Reagent)
 - g. Carr – Price Reagent
 - h. 2,4 - DNP

UNIT - IV

- a. **Analysis of Excipients:** Tests related to excipients such as bulk density, tapped density, particle size distribution, pH, moisture content, viscosity (dynamic), loss on drying, ash content, conductivity.
- b. **Excipients of interest:** Disintegrating agents, binders, emulsifiers, viscosity modifiers and preservatives including preservative challenge test.

UNIT-V

- a. **Dissolution Tests:** Types of Dissolution apparatus, dissolution test requirements for immediate release, delayed release, extended release dosage forms, coated, uncoated, enteric coated, gelatin capsules etc.

- b. **Microbiological assays and Biological tests:** Antimicrobial effectiveness testing, microbial limit tests, sterility test. Antibiotics-microbial assays, bacterial endotoxins test.

TEXT BOOKS:

1. Pharmaceutical Chemistry by Becket and Stanlake
2. Pharmaceutical Analysis by Higuchi, Bechmman and Hassan
3. Instrumental Methods of Chemical Analysis By B.K. Sharma
4. A Text Book of Pharmaceutical Analysis by Kennenth A. Connors
5. Organic spectroscopy by Y.R Sharma Principles of Instrumental Analysis - Doglas A Skoog, F. James Holler, Timothy A. Nieman, 5th edition, Eastern press, Bangalore, 1998.
6. Instrumental methods of analysis – Willards, 7th edition, CBS publishers.

REFERENCES:

1. Remington's Pharmaceutical Sciences by Alfonso and Gennaro
2. Quantitative Analysis of Drugs in Pharmaceutical Formulations by P.D. Sethi
3. Indian Pharmacopoeia 2010
4. Journals (Indian Drugs, IJPS etc.)

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

DRUG REGULATORY AFFAIRS (Professional Elective - I)

Course Objective: The topics which are present in the Drug regulatory affairs are very much useful which increases the knowledge regarding the regulatory aspects in the pharmaceutical industries.

Course Outcome:

- Students will come to know the different competent regulatory authorities globally.
- Students be aware of technical aspects pertaining to the marketing authorization application (MAA)
- The regulatory guidelines and directions framed by the regulatory authorities will be helpful to place the drug products in market for marketing approvals.

UNIT I

Drug Regulatory Aspects (India)

1. Indian drug regulatory authorities, Central and State regulatory bodies (FDA)
2. Drugs and Cosmetics Act and Rules with latest Amendments (Selective)
3. Special emphasis – Schedule M and Y
4. New drugs – Importation, Registration, development, Clinical Trials, BE NOC & BE studies
5. Various Licences – Test Lic., Import lic., for testing of drugs and API's, Manufacturing Contract and Loan licence manufacturing.

UNIT II

Good Manufacturing Practices (GMP)

1. Indian GMP certification, WHO GMP certification.
2. ICH guidelines for stability testing and other relevant ones (Q1-Q10)
3. Export permissions and manufacturing for semi-regulated countries
4. Understanding of the plant layouts with special emphasis on the environment & safety (HVAC, Water Systems, Stores Management, Effluent etc.)
5. Quality Assurance and Quality Control – Basic understanding for in-built quality.

UNIT III

A detailed study of regulatory aspects that affect drug product design, manufacture and distribution in a developed country such as USA and in a developing country such as Brazil, Hatch Waxmann Act; Bolar Provisions and other FDA Regulations. Regulatory aspects of pharmaceutical and bulk drug manufacture, regulatory drug analysis.

UNIT IV

Documentation related to manufacturing, cleaning methods, retention samples and records, quality control, batch release documents, distribution records, complaints and recalls.
 Quality, safety and legislation for cosmetic products and herbal products.

UNIT V

Governing Regulatory Bodies across the globe.

- Country Authority Submission
- a. U.S Food & Drug Administration USDMF
 - b. Canada Therapeutic Product Directorate DMF
 - c. Europe
 - 1) European Medicines Agency (EMA/ National Authorities) EDMF
 - 2) European Directorate for Quality of Medicines CEP/COS & Health Care Products.

- 3) MHRA – Medicines and Health Care Products Regulatory Agency
- d. Product Filing
- e. Responding Regulatory Deficiencies
- f. Final Approval Procedure

Preparation, review and submission of Drug Master Files to Regulatory Authorities as per their specific requirements.

TEXT AND REFERENCE BOOKS:

1. Original laws published by Govt. of India.
2. Text Book of Forensic Pharmacy by Mithal B. M.; Vallabh Prakashan, New Delhi.
3. Laws of Drugs in India by Hussain.
4. Text Book of Forensic Pharmacy by Jain N. K.; Vallabh Prakashan, New Delhi.
5. Pharmaceutical Regulatory Affairs - Selected Topics, CVS Subramanyam and J Thimmasetty, Vallabh Prakashan Delhi - 2013

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

PHYTOCHEMISTRY (Professional Elective - I)

Course Objective: Helps the students to get exposed to natural product drug discovery and to perform quantitative and qualitative evaluation of herbal extracts. To understand the chemistry of important phyto constituents of different categories.

Course Outcome: On the basis of chemistry data of phytoconstituents students will acquire knowledge on various types of phytoconstituents present in the plants.

UNIT I

Biosynthetic pathways and Radio tracing techniques: containing drugs:

- a) Methods of Biogenetic Investigations, detailed study of isotropic tracer techniques.
- b) Study of Biosynthetic pathways of following phyto-pharmaceuticals: Atropine, Morphine, Cardiac glycosides and Flavonoids.

UNIT II

Drug discovery and development: Approaches to discovery and development of natural products as potential new drugs. Sourcing and archiving Natural products for discovery, evaluating natural products for therapeutic properties, Identifying the biologically active Natural products, the lead structure selection process and Optimization with suitable examples from the following source: artemesin, andrographolides.

UNIT III

- a) Extraction/Isolation methods for specific Phytochemical groups, Choice of solvents and Interfering compounds for general Isolation and purification of desired phytoconstituents.
- b) Recent sophisticated extraction techniques like: Super critical fluid extraction and Ultra-sonic extraction. Separation of phytoconstituents by Vacuum and Flash column chromatography.

UNIT IV

Sources, Chemical structure, Identification tests, mechanism of action SAR, uses of the following phyto-pharmaceuticals:

- a) Atropine, caffeine, Morphine and brief account on its derivatives and analogues
- b) Camptothecin, Digoxin
- c) Taxol, Podophyllotoxin

UNIT V

- a. Natural colorants: Biological Source, colouring principles, chemical nature and usage of the following Annatto, Cochineal, Caramel, Henna, Indigo, Madder, Saffron, Turmeric
- b. Flavours and Perfumes: Sandal wood oil, Orange oil, Lemon oil, Palmarosa oil, Geranium oil.

Reference books

1. Phytochemical methods of chemical analysis by Harbone
2. Modern methods of plant analysis- peach & M.V. Tracey Vol. 1 to VII
3. Pharmacognosy & Phytochemistry of medical plants by Jean Brunton
4. Thin layer chromatography by Stahl
5. Chemistry of natural products by Atur Rahman
6. Comprehensive Medicinal Chemistry, Vol 1-6, Elsevier Publication
7. Medicinal Chemistry Drug Discovery by Donald J, Abrahm,
8. Plant drug analysis by Wagner

9. Clarke's isolation & identification of drugs by AC Mottal
10. Chromatography of Alkaloids by Varpoorte Swendson
11. Jenkins Quantitative pharmaceutical chemistry by AN Kenwell
12. Standardization of botanicals by V. Rajpal Vol 1 & 2
13. Medicinal chemistry and drug discovery by Burger's
14. Foye's Principles of medicinal chemistry.
15. Pharmacognosy and phytochemistry by Biren seth
16. Herbal Perfumes and cosmetics by Panda
17. Herbal Drug Technology by SS Agarwal
18. Pharmacognosy and Phytochemistry by VD Rangari.
19. Textbook of Pharmacognosy by G.E. Trease, W.C.Evans, ELBS

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

QUALITY CONTROL AND QUALITY ASSURANCE (Professional Elective - II)

Course Objective: This course deals with the various aspects of quality control and quality assurance aspects of pharmaceutical industries. It covers the important aspects like cGMP, QC tests, documentation, quality certifications, GLP and regulatory affairs.

Course Outcome: Upon completion of this course the student should be able to

- Understand the cGMP aspects in a pharmaceutical industry
- To appreciate the importance of documentation
- To understand the scope of quality certifications applicable to
- Pharmaceutical industries
- To understand the responsibilities of QA & QC departments.

UNIT – I

Introduction: Concept and evolution and scopes of Quality Control and Quality Assurance, Good Laboratory Practice, GMP, Overview of ICH Guidelines - QSEM, with special emphasis on Qseries guidelines. Good Laboratory Practices: Scope of GLP, Definitions, Quality assurance unit, protocol for conduct of non-clinical testing, control on animal house, report preparation and documentation. CPCSEA guidelines.

UNIT - II

cGMP guidelines according to schedule M, USFDA (inclusive of CDER and CBER) Pharmaceutical Inspection Convention (PIC), WHO and EMEA covering: Organization and personnel responsibilities, training, hygiene and personal records, drug industry location, design, construction and plant lay out, maintenance, sanitation, environmental control, utilities and maintenance of sterile areas, control of contamination and Good Warehousing Practice.

UNIT - III

Analysis of raw materials, finished products, packaging materials, in process quality control (IPQC), Developing specification (ICH Q6 and Q3), purchase specifications and maintenance of stores for raw materials. In process quality control and finished products quality control for following dosage forms in Pharma industry according to Indian, US and British pharmacopoeias: tablets, capsules, ointments, suppositories, creams, parenterals, ophthalmic and surgical products (How to refer pharmacopoeias).

UNIT - IV

Documentation in pharmaceutical industry: Three tier documentation, Policy, Procedures and Work instructions, and records (Formats), Basic principles- How to maintain, retention and retrieval etc. Standard operating procedures (How to write), Master Batch Record, Batch Manufacturing Record, Quality audit plan and reports. Specification and test procedures, Protocols and reports. Distribution records. Electronic data handling. Concepts of controlled and uncontrolled documents. Submission documents for regulators DMFs, as Common Technical Document and Electronic Common Technical Documentation (CTD, eCTD). Concept of regulated and non-regulated markets.

UNIT - V

Manufacturing operations and controls: Sanitation of manufacturing premises, mix-ups and cross contamination, processing of intermediates and bulk products, packaging operations, IPQC, release of finished product, process deviations, charge-in of components, time limitations on production, drug product inspection, expiry date calculation, calculation of yields, production record review, change control, sterile products, aseptic process control, packaging, reprocessing, salvaging, handling of

waste and scrap disposal. Introduction, scope and importance of intellectual property rights. Concept of trade mark, copyright and patents.

REFERENCE BOOKS:

1. Quality Assurance Guide by organization of Pharmaceutical Procedures of India, 3rd revised edition, Volume I & II, Mumbai, 1996.
2. Good Laboratory Practice Regulations, 2nd Edition, Sandy Weinberg Vol. 69, Marcel Dekker Series, 1995.
3. Quality Assurance of Pharmaceuticals- A compedium of Guide lines and Related materials Vol I & II, 2nd edition, WHO Publications, 1999.
4. How to Practice GMP's – P P Sharma, Vandana Publications, Agra, 1991.
5. The International Pharmacopoeia – vol I, II, III, IV & V - General Methods of Analysis and Quality specification for Pharmaceutical Substances, Excipients and Dosage forms, 3rd edition, WHO, Geneva, 2005.
6. Good laboratory Practice Regulations – Allen F. Hirsch, Volume 38, Marcel Dekker Series, 1989.
7. ICH guidelines
8. ISO 9000 and total quality management
9. The drugs and cosmetics act 1940 – Deshpande, Nilesh Gandhi, 4th edition, Susmit Publishers, 2006.
10. QA Manual – D.H. Shah, 1st edition, Business Horizons, 2000.
11. Good Manufacturing Practices for Pharmaceuticals a plan for total quality control – Sidney H. Willig, Vol. 52, 3rd edition, Marcel Dekker Series.
12. Steinborn L. GMP/ISO Quality Audit Manual for Healthcare Manufacturers and Their Suppliers, Sixth Edition, (Volume 1 - With Checklists and
13. Software Package). Taylor & Francis; 2003.
14. Sarker DK. Quality Systems and Controls for Pharmaceuticals. John Wiley & Sons; 2008.
15. Packaging of Pharmaceuticals.
16. Schedule M and Schedule N.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

COSMETICS AND COSMECEUTICALS (Professional Elective - II)

Course Objectives: Upon completion of the course, the students shall be able to understand

- Key ingredients used in cosmetics and cosmeceuticals.
- Key building blocks for various formulations.
- Current technologies in the market
- Various key ingredients and basic science to develop cosmetics and cosmeceuticals
- Scientific knowledge to develop cosmetics and cosmeceuticals with desired Safety, stability, and efficacy.

Course Outcomes: Upon completion of the subject student shall able to know Regulatory biological aspects of cosmetics, excipients used for various formulations, designing of cosmeceuticals and herbal products

UNIT I

Cosmetics – Regulatory: Definition of cosmetic products as per Indian regulation. Indian regulatory requirements for labeling of cosmetics Regulatory provisions relating to import of cosmetics. Misbranded and spurious cosmetics. Regulatory provisions relating to manufacture of cosmetics – Conditions for obtaining license, prohibition of manufacture and sale of certain cosmetics, loan license, offences and penalties.

UNIT II

Cosmetics - Biological aspects: Structure of skin relating to problems like dry skin, acne, pigmentation, prickly heat, wrinkles and body odor. Structure of hair and hair growth cycle. Common problems associated with oral cavity. Cleansing and care needs for face, eye lids, lips, hands, feet, nail, scalp, neck, body and under-arm.

UNIT III

Formulation Building blocks: Building blocks for different product formulations of cosmetics/cosmeceuticals. Surfactants – Classification and application. Emollients, rheological additives: classification and application. Antimicrobial used as preservatives, their merits and demerits. Factors affecting microbial preservative efficacy. Building blocks for formulation of a moisturizing cream, vanishing cream, cold cream, shampoo and toothpaste. Soaps and syndetbars.

Perfumes; Classification of perfumes. Perfume ingredients listed as allergens in EU regulation.

Controversial ingredients: Parabens, formaldehyde liberators, dioxane.

UNIT IV

Design of cosmeceutical products: Sun protection, sunscreens classification and regulatory aspects. Addressing dry skin, acne, sun-protection, pigmentation, prickly heat, wrinkles, body odor., dandruff, dental cavities, bleeding gums, mouth odor and sensitive teeth through cosmeceutical formulations.

UNIT V

Herbal Cosmetics: Herbal ingredients used in Hair care, skin care and oral care. Review of guidelines for herbal cosmetics by private bodies like cosmos with respect to preservatives, emollients, foaming agents, emulsifiers and rheology modifiers. Challenges in formulating herbal cosmetics.

REFERENCES

1. Harry's Cosmeticology. 8th edition.
2. Poucher's perfume cosmetics and Soaps, 10th edition.
3. Cosmetics - Formulation, Manufacture and quality control, P. P. Sharma, 4th edition
4. Handbook of cosmetic science and Technology A.O. Barel, M. Paye and H.I. Maibach. 3rd edition
5. Cosmetic and Toiletries recent suppliers' catalogue.
6. CTFA directory.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

STABILITY OF DRUGS AND DOSAGE FORMS (Professional Elective – II)

Course Objective: These topics are designed impart a specialized knowledge to preserve the properties of drugs and dosage forms during manufacture storage and shelf life. The understanding of properties and evaluation of stability during storage, by solution and solid state against several factors of degradation.

Course Outcome: The students should describe the evaluation of stability of solutions, solids and formulations against adverse conditions. The students should be able to suggest the measures to retain stability and storage conditions for retaining the efficacy of the products.

UNIT - I

Drug decomposition mechanisms:

1. Hydrolysis and acyltransfers: Nature of reaction, structure and utility, stabilization of Pharmaceutical examples.
2. Oxidation: Nature of oxidation, kinetics of oxidation, oxidation pathways of pharmaceutical, Interest Inhibition of oxidation
3. Photolysis: Energetics of photolysis, kinetics photolysis, photolytic reactions of pharmaceutical interest, prevention of photolytic reactions.

UNIT - II

Solid state chemical decomposition: Kinetic of solids state decomposition, Pharmaceutical examples of solid-state decomposition, Pure drugs, drug excipient and drug-drug interaction in solid state, methods of stabilization.

Physical stability testing of dosage forms:

1. Solids – tablets, capsules, powder and granules
2. Disperse systems
3. Microbial decomposition
4. Over-view, physical stability of novel drug carriers, liposomes, niosomes, nano-particles.

UNIT - III

Identification and quantitative determination of preservatives, Antioxidants, colouring materials, emulsifiers and stabilizers in Pharmaceutical formulation.

Analysis of drugs from biological samples including, selection of biological sample, extraction of drugs by various methods as LLE, SPE and Membrane filtration. Factors affecting extraction of drugs.

UNIT - IV

General method of analysis to determine the quality of raw materials used in cosmetic industry. Indian Standard Specifications (ISI) laid down for sampling and testing of various cosmetics in finished form by the Bureau of Indian Standards.

UNIT - V

Methods of analysis to determine the quality of cosmetics in the finished forms such as Hair care products, Skin care products, Baby care products, Dental products, Personal hygiene products, Colour cosmetics, Ethnic products, Colour makeup preparation, Lipsticks, Hair setting lotions and Eye shadows. Toxicity testing in cosmetics and Safety and Legislation of Cosmetic products.

Stability studies: Concept of stability studies.

- a) cGMP& ICH guidelines for Accelerated stability Testing.
- b) Interaction of containers & closure Compatibility Testing.

REFERENCE BOOKS:

1. Comprehensive Pharmacy Review 5th Edition by Leon Shargel, Alan H. Mutnick, Paul F. Souney, Larry N. Sawnsen – 2004.
2. A. H. Beckett and J. B. Stenlake Practical Pharmaceutical Chemistry, Part I and Part II, 4th Edition. 3. G. H. Jeffery, J. Basset, J. Mendham, R. C. Denny (Rev. by) Vogels Text Book of Quantitative Chemical Analysis, 5th Edition 1989, ELBS.
3. The Controller of Publications; New Delhi, Govt. of India, Indian Pharmacopoeia, Vol. I and Vol. II - 2010.
4. J. B. Wilkinson and R. J. Moore, Herry's Cosmeticology; Longman Scientific and Technical Publishers, Singapore.
5. P.D. Sethi; Quantitative Analysis of Drugs in Pharmaceutical Formulations, 3rd Edition - 1997,
6. Classification of cosmetics raw materials and adjuncts IS 3958 of Indian Standards Institution (BIS).
7. Cosmetic and toilet goods – methods of sampling IS 3958 of Indian Standards Institution (BIS).
8. Methods of sampling and test for various cosmetics as laid down by Bureau of Indian Standards.
9. Drug stability: Principles and practices by Jens T. Carstensen
10. Stability Testing of Drug Products by W. Grimm. 12. Stability of Drugs and Dosage Forms by Yoshioka and Stella.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)

RESEARCH METHODOLOGY AND IPR

Course Objectives:

- To understand the research problem
- To know the literature studies, plagiarism and ethics
- To get the knowledge about technical writing
- To analyze the nature of intellectual property rights and new developments
- To know the patent rights

Course Outcomes: At the end of this course, students will be able to

- Understand research problem formulation.
- Analyze research related information
- Follow research ethics
- Understand that today's world is controlled by Computer, Information Technology, but tomorrow world will be ruled by ideas, concept, and creativity.
- Understanding that when IPR would take such important place in growth of individuals & nation, it is needless to emphasis the need of information about Intellectual Property Right to be promoted among students in general & engineering in particular.
- Understand that IPR protection provides an incentive to inventors for further research work and investment in R & D, which leads to creation of new and better products, and in turn brings about, economic growth and social benefits.

UNIT - I

Meaning of research problem, Sources of research problem, Criteria Characteristics of a good research problem, Errors in selecting a research problem, Scope and objectives of research problem. Approaches of investigation of solutions for research problem, data collection, analysis, interpretation, Necessary instrumentations

UNIT - II

Effective literature studies approaches, analysis, Plagiarism, Research ethics

UNIT - III

Effective technical writing, how to write report, Paper Developing a Research Proposal, Format of research proposal, a presentation and assessment by a review committee

UNIT - IV

Nature of Intellectual Property: Patents, Designs, Trade and Copyright. Process of Patenting and Development: technological research, innovation, patenting, development. International Scenario: International cooperation on Intellectual Property. Procedure for grants of patents, Patenting under PCT.

UNIT - V

Patent Rights: Scope of Patent Rights. Licensing and transfer of technology. Patent information and databases. Geographical Indications. New Developments in IPR: Administration of Patent System. New developments in IPR; IPR of Biological Systems, Computer Software etc. Traditional knowledge Case Studies, IPR and IITs.

TEXT BOOKS:

1. Stuart Melville and Wayne Goddard, "Research methodology: an introduction for science & engineering students"
2. Wayne Goddard and Stuart Melville, "Research Methodology: An Introduction"

REFERENCES:

1. Ranjit Kumar, 2nd Edition, "Research Methodology: A Step by Step Guide for beginners"
2. Halbert, "Resisting Intellectual Property", Taylor & Francis Ltd ,2007.
3. Mayall, "Industrial Design", McGraw Hill, 1992.
4. Niebel, "Product Design", McGraw Hill, 1974.
5. Asimov, "Introduction to Design", Prentice Hall, 1962.
6. Robert P. Merges, Peter S. Menell, Mark A. Lemley, "Intellectual Property in New
7. Technological Age", 2016.
8. T. Ramappa, "Intellectual Property Rights Under WTO", S. Chand, 2008

**JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)**

MODERN PHARMACEUTICAL ANALYTICAL TECHNIQUES LAB (Laboratory – I)

LIST OF EXPERIMENTS:

1. Colorimetry / UV / Visible, Spectroscopy, scanning of few compounds for UV-absorption, calculation of Assay / content uniformity / % of drug release (2-3 experiments.)
2. Simultaneous estimation of multi component containing formulations by UV spectrophotometry
3. Experiment base on HPLC (Isocratic and gradient) Techniques – (2 experiments)
4. Incompatibility studies, identification and functional groups – Determination by FTIR (2 experiments)
5. Separation and calculation of R_f values by using paper chromatography, TLC, HPTLC Technique (2-3 experiments)
6. Calibration of glasswares
7. Calibration of pH meter
8. Calibration of UV-Visible spectrophotometer
9. Calibration of FTIR spectrophotometer
10. Calibration of HPLC instrument

**JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm I Year I Sem (Pharmaceutical Analysis)**

PHARMACEUTICAL FOOD ANALYSIS LAB (Laboratory – II)

LIST OF EXPERIMENTS:

1. Determination of total reducing sugar
2. Determination of proteins
3. Determination of saponification value, Iodine value, Peroxide value, Acid value in food products
4. Determination of fat content and rancidity in food products
5. Analysis of natural and synthetic colors & food additives in food
6. Determination of preservatives in food
7. Determination of pesticide residue in food products
8. Assay of any two Analgesic & Antipyretic drugs (API & dosage forms) official in IP
9. Assay of any two Antihistamines (API & dosage forms) official in IP
10. Assay of any two Diuretics (API & dosage forms) official in IP
11. Microbiological assay of any two Antibiotics official in IP

**JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)**

ENGLISH FOR RESEARCH PAPER WRITING (Audit Course - I & II)

Prerequisite: None

Course objectives: Students will be able to:

- Understand that how to improve your writing skills and level of readability
- Learn about what to write in each section
- Understand the skills needed when writing a Title Ensure the good quality of paper at very first-time submission

UNIT-I:

Planning and Preparation, Word Order, Breaking up long sentences, Structuring Paragraphs and Sentences, Being Concise and Removing Redundancy, Avoiding Ambiguity and Vagueness

UNIT-II:

Clarifying Who Did What, Highlighting Your Findings, Hedging and Criticizing, Paraphrasing and Plagiarism, Sections of a Paper, Abstracts. Introduction

UNIT-III:

Review of the Literature, Methods, Results, Discussion, Conclusions, The Final Check.

UNIT-IV:

key skills are needed when writing a Title, key skills are needed when writing an Abstract, key skills are needed when writing an Introduction, skills needed when writing a Review of the Literature,

UNIT-V:

skills are needed when writing the Methods, skills needed when writing the Results, skills are needed when writing the Discussion, skills are needed when writing the Conclusions. useful phrases, how to ensure paper is as good as it could possibly be the first- time submission

TEXT BOOKS/ REFERENCES:

1. Goldbort R (2006) Writing for Science, Yale University Press (available on Google Books)
2. Day R (2006) How to Write and Publish a Scientific Paper, Cambridge University Press
3. Highman N (1998), Handbook of Writing for the Mathematical Sciences, SIAM. Highman's book.
4. Adrian Wallwork, English for Writing Research Papers, Springer New York Dordrecht Heidelberg London, 2011

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

DISASTER MANAGEMENT (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to

- learn to demonstrate a critical understanding of key concepts in disaster risk reduction and humanitarian response.
- critically evaluate disaster risk reduction and humanitarian response policy and practice from multiple perspectives.
- develop an understanding of standards of humanitarian response and practical relevance in specific types of disasters and conflict situations.
- critically understand the strengths and weaknesses of disaster management approaches,
- planning and programming in different countries, particularly their home country or the countries they work in

UNIT-I:

Introduction:

Disaster: Definition, Factors and Significance; Difference Between Hazard and Disaster; Natural and Manmade Disasters: Difference, Nature, Types and Magnitude.

Disaster Prone Areas in India:

Study of Seismic Zones; Areas Prone to Floods and Droughts, Landslides and Avalanches; Areas Prone to Cyclonic and Coastal Hazards with Special Reference to Tsunami; Post-Disaster Diseases and Epidemics

UNIT-II:

Repercussions of Disasters and Hazards:

Economic Damage, Loss of Human and Animal Life, Destruction of Ecosystem. Natural Disasters: Earthquakes, Volcanisms, Cyclones, Tsunamis, Floods, Droughts and Famines, Landslides and Avalanches, Man-made disaster: Nuclear Reactor Meltdown, Industrial Accidents, Oil Slicks and Spills, Outbreaks of Disease and Epidemics, War and Conflicts.

UNIT-III:

Disaster Preparedness and Management:

Preparedness: Monitoring of Phenomena Triggering A Disaster or Hazard; Evaluation of Risk: Application of Remote Sensing, Data from Meteorological and Other Agencies, Media Reports: Governmental and Community Preparedness.

UNIT-IV:

Risk Assessment Disaster Risk:

Concept and Elements, Disaster Risk Reduction, Global and National Disaster Risk Situation. Techniques of Risk Assessment, Global Co-Operation in Risk Assessment and Warning, People's Participation in Risk Assessment. Strategies for Survival.

UNIT-V:

Disaster Mitigation:

Meaning, Concept and Strategies of Disaster Mitigation, Emerging Trends In Mitigation. Structural Mitigation and Non-Structural Mitigation, Programs of Disaster Mitigation in India.

TEXT BOOKS/ REFERENCES:

1. R. Nishith, Singh AK, "Disaster Management in India: Perspectives, issues and strategies "New Royal book Company.
2. Sahni, Pardeep Et. Al. (Eds.)," Disaster Mitigation Experiences and Reflections", Prentice Hall of India, New Delhi.
3. Goel S. L., Disaster Administration and Management Text and Case Studies", Deep &Deep Publication Pvt. Ltd., New Delhi.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

SANSKRIT FOR TECHNICAL KNOWLEDGE (Audit Course - I & II)

Prerequisite: None

Course Objectives:

- To get a working knowledge in illustrious Sanskrit, the scientific language in the world
- Learning of Sanskrit to improve brain functioning
- Learning of Sanskrit to develop the logic in mathematics, science & other subjects enhancing the memory power
- The engineering scholars equipped with Sanskrit will be able to explore the huge knowledge from ancient literature

Course Outcomes: Students will be able to

- Understanding basic Sanskrit language
- Ancient Sanskrit literature about science & technology can be understood
- Being a logical language will help to develop logic in students

UNIT-I:

Alphabets in Sanskrit,

UNIT-II:

Past/Present/Future Tense, Simple Sentences

UNIT-III:

Order, Introduction of roots,

UNIT-IV:

Technical information about Sanskrit Literature

UNIT-V:

Technical concepts of Engineering-Electrical, Mechanical, Architecture, Mathematics

TEXT BOOKS/ REFERENCES:

1. "Abhyaspustakam" – Dr. Vishwas, Samskrita-Bharti Publication, New Delhi
2. "Teach Yourself Sanskrit" Prathama Deeksha-Vempati Kutumbshastri, Rashtriya Sanskrit Sansthanam, New Delhi Publication
3. "India's Glorious Scientific Tradition" Suresh Soni, Ocean books (P) Ltd., New Delhi.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

VALUE EDUCATION (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to

- Understand value of education and self- development
- Imbibe good values in students
- Let the should know about the importance of character

Course outcomes: Students will be able to

- Knowledge of self-development
- Learn the importance of Human values
- Developing the overall personality

UNIT-I:

Values and self-development –Social values and individual attitudes. Work ethics, Indian vision of humanism. Moral and non- moral valuation. Standards and principles. Value judgements

UNIT-II:

Importance of cultivation of values. Sense of duty. Devotion, Self-reliance. Confidence, Concentration. Truthfulness, Cleanliness. Honesty, Humanity. Power of faith, National Unity. Patriotism. Love for nature, Discipline

UNIT-III:

Personality and Behavior Development - Soul and Scientific attitude. Positive Thinking. Integrity and discipline, Punctuality, Love and Kindness.

UNIT-IV:

Avoid fault Thinking. Free from anger, Dignity of labour. Universal brotherhood and religious tolerance. True friendship. Happiness Vs suffering, love for truth. Aware of self-destructive habits. Association and Cooperation. Doing best for saving nature

UNIT-V:

Character and Competence –Holy books vs Blind faith. Self-management and Good health. Science of reincarnation, Equality, Nonviolence, Humility, Role of Women. All religions and same message. Mind your Mind, Self-control. Honesty, Studying effectively

TEXT BOOKS/ REFERENCES:

1. Chakroborty, S.K. "Values and Ethics for organizations Theory and practice", Oxford University Press, New Delhi

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

CONSTITUTION OF INDIA (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to:

- Understand the premises informing the twin themes of liberty and freedom from a civil rights perspective.
- To address the growth of Indian opinion regarding modern Indian intellectuals' constitutional role and entitlement to civil and economic rights as well as the emergence of nationhood in the early years of Indian nationalism.
- To address the role of socialism in India after the commencement of the Bolshevik Revolution in 1917 and its impact on the initial drafting of the Indian Constitution.

Course Outcomes: Students will be able to:

- Discuss the growth of the demand for civil rights in India for the bulk of Indians before the arrival of Gandhi in Indian politics.
- Discuss the intellectual origins of the framework of argument that informed the conceptualization of social reforms leading to revolution in India.
- Discuss the circumstances surrounding the foundation of the Congress Socialist Party [CSP] under the leadership of Jawaharlal Nehru and the eventual failure of the proposal of direct elections through adult suffrage in the Indian Constitution.
- Discuss the passage of the Hindu Code Bill of 1956.

UNIT-I:

History of Making of the Indian Constitution: History Drafting Committee, (Composition & Working), **Philosophy of the Indian Constitution:** Preamble, Salient Features.

UNIT-II:

Contours of Constitutional Rights & Duties: Fundamental Rights Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural and Educational Rights, Right to Constitutional Remedies, Directive Principles of State Policy, Fundamental Duties.

UNIT-III:

Organs of Governance: Parliament, Composition, Qualifications and Disqualifications, Powers and Functions, Executive, President, Governor, Council of Ministers, Judiciary, Appointment and Transfer of Judges, Qualification, Powers and Functions.

UNIT-IV:

Local Administration: District's Administration head: Role and Importance, Municipalities: Introduction, Mayor and role of Elected Representative, CEO of Municipal Corporation. Pachayati raj: Introduction, PRI: Zila Pachayat. Elected officials and their roles, CEO Zila Pachayat: Position and role. Block level: Organizational Hierarchy (Different departments), Village level: Role of Elected and Appointed officials, Importance of grass root democracy.

UNIT-V:

Election Commission: Election Commission: Role and Functioning. Chief Election Commissioner and Election Commissioners. State Election Commission: Role and Functioning. Institute and Bodies for the welfare of SC/ST/OBC and women.

TEXT BOOKS/ REFERENCES:

1. The Constitution of India, 1950 (Bare Act), Government Publication.

2. Dr. S. N. Busi, Dr. B. R. Ambedkar framing of Indian Constitution, 1st Edition, 2015.
3. M. P. Jain, Indian Constitution Law, 7th Edn., Lexis Nexis, 2014.
4. D.D. Basu, Introduction to the Constitution of India, Lexis Nexis, 2015.

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

PEDAGOGY STUDIES (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to:

- Review existing evidence on the review topic to inform programme design and policy making undertaken by the DfID, other agencies and researchers.
- Identify critical evidence gaps to guide the development.

Course Outcomes: Students will be able to understand:

- What pedagogical practices are being used by teachers in formal and informal classrooms in developing countries?
- What is the evidence on the effectiveness of these pedagogical practices, in what conditions, and with what population of learners?
- How can teacher education (curriculum and practicum) and the school curriculum and guidance materials best support effective pedagogy?

UNIT-I:

Introduction and Methodology: Aims and rationale, Policy background, Conceptual framework and terminology Theories of learning, Curriculum, Teacher education. Conceptual framework, Research questions. Overview of methodology and Searching.

UNIT-II:

Thematic overview: Pedagogical practices are being used by teachers in formal and informal classrooms in developing countries. Curriculum, Teacher education.

UNIT-III:

Evidence on the effectiveness of pedagogical practices, Methodology for the indepth stage: quality assessment of included studies. How can teacher education (curriculum and practicum) and the scho curriculum and guidance materials best support effective pedagogy? Theory of change. Strength and nature of the body of evidence for effective pedagogical practices. Pedagogic theory and pedagogical approaches. Teachers' attitudes and beliefs and Pedagogic strategies.

UNIT-IV:

Professional development: alignment with classroom practices and follow-up support, Peer support, Support from the head teacher and the community. Curriculum and assessment, Barriers to learning: limited resources and large class sizes

UNIT-V:

Research gaps and future directions: Research design, Contexts, Pedagogy, Teacher education, Curriculum and assessment, Dissemination and research impact.

TEXT BOOKS/ REFERENCES:

1. Ackers J, Hardman F (2001) Classroom interaction in Kenyan primary schools, Compare, 31 (2): 245-261.
2. Agrawal M (2004) Curricular reform in schools: The importance of evaluation, Journal of Curriculum Studies, 36 (3): 361-379.
3. Akyeampong K (2003) Teacher training in Ghana - does it count? Multi-site teacher education research project (MUSTER) country report 1. London: DFID.

4. Akyeamong K, Lussier K, Pryor J, Westbrook J (2013) Improving teaching and learning of basic maths and reading in Africa: Does teacher preparation count? *International Journal Educational Development*, 33 (3): 272–282.
5. Alexander RJ (2001) *Culture and pedagogy: International comparisons in primary education*. Oxford and Boston: Blackwell.
6. Chavan M (2003) Read India: A mass scale, rapid, 'learning to read' campaign.
7. www.pratham.org/images/resource%20working%20paper%202.pdf.

**JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)**

STRESS MANAGEMENT BY YOGA (Audit Course - I & II)

Prerequisite: None

Course Objectives:

- To achieve overall health of body and mind
- To overcome stress

Course Outcomes: Students will be able to:

- Develop healthy mind in a healthy body thus improving social health also
- Improve efficiency

UNIT-I:

Definitions of Eight parts of yog. (Ashtanga)

UNIT-II:

Yam and Niyam.

UNIT-III:

Do`s and Don`t`s in life.

- i) Ahinsa, satya, astheya, bramhacharya and aparigraha
- ii) Shaucha, santosh, tapa, swadhyay, ishwarpranidhan

UNIT-IV:

Asan and Pranayam

UNIT-V:

- i) Various yog poses and their benefits for mind & body
- ii) Regularization of breathing techniques and its effects-Types of pranayam

TEXT BOOKS/ REFERENCES:

1. 'Yogic Asanas for Group Training-Part-I': Janardan Swami Yogabhyasi Mandal, Nagpur
2. "Rajayoga or conquering the Internal Nature" by Swami Vivekananda, Advaita Ashrama (Publication Department), Kolkata

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD
M.Pharm (Pharmaceutical Analysis)

PERSONALITY DEVELOPMENT THROUGH LIFE ENLIGHTENMENT SKILLS
(Audit Course - I & II)

Prerequisite: None

Course Objectives:

- To learn to achieve the highest goal happily
- To become a person with stable mind, pleasing personality and determination
- To awaken wisdom in students

Course Outcomes: Students will be able to

- Study of Shrimad-Bhagwad-Geeta will help the student in developing his personality and achieve the highest goal in life
- The person who has studied Geeta will lead the nation and mankind to peace and prosperity
- Study of Neetishatakam will help in developing versatile personality of students

UNIT-I:

Neetisatakam-Holistic development of personality

- Verses- 19,20,21,22 (wisdom)
- Verses- 29,31,32 (pride & heroism)
- Verses- 26,28,63,65 (virtue)

UNIT-II:

Neetisatakam-Holistic development of personality

- Verses- 52,53,59 (don't's)
- Verses- 71,73,75,78 (do's)

UNIT-III:

Approach to day to day work and duties.

- Shrimad Bhagwad Geeta: Chapter 2-Verses 41, 47,48,
- Chapter 3-Verses 13, 21, 27, 35, Chapter 6-Verses 5,13,17, 23, 35,
- Chapter 18-Verses 45, 46, 48.

UNIT-IV:

Statements of basic knowledge.

- Shrimad Bhagwad Geeta: Chapter2-Verses 56, 62, 68
- Chapter 12 -Verses 13, 14, 15, 16,17, 18
- Personality of Role model. Shrimad Bhagwad Geeta:

UNIT-V:

- Chapter2-Verses 17, Chapter 3-Verses 36,37,42,
- Chapter 4-Verses 18, 38,39
- Chapter18 – Verses 37,38,63

TEXT BOOKS/ REFERENCES:

1. "Srimad Bhagavad Gita" by Swami Swarupananda Advaita Ashram (Publication Department), Kolkata.
2. Bhartrihari's Three Satakam (Niti-sringar-vairagya) by P.Gopinath, Rashtriya Sanskrit Sansthanam, New Delhi.